

**Our value for money membership packages allow you to use any of our facilities as many times as you like.**

No matter what your age or level of fitness we have a package to suit you.

Membership includes unlimited access to the Tone Zone fitness suite, health suite, swimming pool and fitness class programme.

For more information contact us on **(01759) 305052** or online at **[www.francisscaifesportscentre.co.uk](http://www.francisscaifesportscentre.co.uk)**



**EAST RIDING**  
OF YORKSHIRE COUNCIL



East Riding Leisure

**Francis Scaife**  
SPORTS CENTRE

**Tone Zone Fitness Suite**

